



Horn's Mill
Primary School

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Believe, Inspire, Flourish

Tooth Brushing Programme in Reception

Dear Parents & Carers,

As part of our Reception curriculum this year, all children will have the opportunity to take part in our new Tooth Brushing Programme. This letter will give a brief explanation as to what the programme is all about and why we are supporting it in school.

Why are we supporting the tooth brushing programme in school?

As part of the new EYFS reforms, there is a new requirement for us as teachers/practitioners to “*promote good oral health*” and support children to have a good awareness of their own dental hygiene. Children would have been taught an effective tooth brushing method at home by family members during their early childhood and this may have continued to be supported at your child’s previous nursery or pre-school. The aim of this programme is to continue to support children to practice the effective tooth brushing methods they have been taught, allow them to increase their independence when doing this and expand their knowledge of how important dental hygiene is. The programme also leads nicely into learning around tooth hygiene later on in the science curriculum and what food types are the best to eat to support oral hygiene. Some children find visiting the dentist a daunting experience and as part of this programme, children will be exposed to the stories and examples of how visiting the dentist is a positive & important thing to do!

What will the tooth brushing programme involve?

All children in Reception will be provided with their own toothbrush and will brush their teeth with fluoride toothpaste after lunch. They will be supervised by staff to do this. All toothbrushes will be stored in a covered rack to keep clean and will be replaced every three months (or sooner if needed).

What next?

To allow your children to take part in the Tooth Brushing programme, we need your consent. An email will be sent to you to provide consent via our website.

If you have any questions about the programme or would like any more information, please email me on the address below.

Many thanks,

Alice Steen

Reception Teacher/EYFS Lead

asteen@hornsmill.cheshire.sch.uk

Tooth Brushing in Reception - Consent Form

I do/don't consent to my child _____ taking part in the Tooth Brushing programme in Reception.

Signed: _____

Date: _____

