



ENGAGE

Activity Guide 3

The Goal Gauge

Key stage 2 • Years 3 - 6

ACTIVITY 3: The Goal Gauge

Learning objective:

- ▶ Children learn to notice all of the things that they achieve.
- ▶ Children develop a habit around celebrating their successes through goal setting.

Learning approach:

Recap the three goal settings stages from the last activity:

- ▶ Set a clear goal - what does success look like?
- ▶ Describe key actions – what do you need to do to achieve your goal?
- ▶ Identify any help you need - what help might you need and where can you get it?

When you feel your child is comfortable with this stage, we suggest you set three simple goals together. At this stage, these should just be goals that you are already working towards, and that your child is passionate about achieving for themselves (not necessarily something you want as a parent!). One example might be: 'learning to code' - you would use the goal setting approach to explain this.

- ▶ Set a clear goal: Learn to do some basic coding.
- ▶ Describe key actions: Spend 15 minutes a day finding out about it or experimenting with code.
- ▶ Identify any help you need: Mum or Dad could help me find information online.

Challenge your child to design their own mini-posters ('Goal Gauges') to keep track of their goals and progress towards them (one for each goal). We've included the Key Stage 1 example to get you started, but for Key Stage 2 it would be great for your child to create their own!

If the gauge is full to the top at the end of the week, congratulate them, and maybe give them a treat!

We'd love to see photos of the activities in action! Why not share your pictures at:

