

Engage Habits At Home

Try and spend a few minutes as a family thinking about the goals your child is focusing on each day.

DAY 1: Did we focus on our goal today?

YES

NO

How are we doing against our goals?

DAY 2: Did we focus on our goal today?

YES

NO

How are we doing against our goals?

DAY 3: Did we focus on our goal today?

YES

NO

How are we doing against our goals?

DAY 4: Did we focus on our goal today?

YES

NO

How are we doing against our goals?

DAY 5: Did we focus on our goal today?

YES

NO

How are we doing against our goals?

DAY 6: Did we focus on our goal today?

YES

NO

How are we doing against our goals?

DAY 7: Did we focus on our goal today?

YES

NO

How are we doing against our goals?

We'd love to see photos of the activities in action! Why not share your pictures at:

