



APPRECIATE

Activity Guide 2

Showing Gratitude

Key stage 1 • Years 1 & 2

ACTIVITY 2: Showing Gratitude

Learning objective:

- ▶ Your child considers, understands and articulates how they can show gratitude.
- ▶ In thinking about this, they recognise ways in which others may be showing gratitude to them.

Learning approach:

Recap what you've already discussed about gratitude:

- ▶ Gratitude is how we can express our thanks to others when they help us. It's also how we express our thanks for an experience or for something about ourselves.
- ▶ It is important to show people that we are happy when they help us, because then they will do it more and more.
- ▶ When we thank someone for helping us it makes them feel happy and it makes us feel happy too.
- ▶ That is why it is important to show our thanks to people that help us. Once this is clear then you can explore lots of examples of how it feels to be thankful.

Now we want your child to think about **how** we can all show gratitude to others. There really are no right or wrong answers here! The important thing is that your child thinks about it, or picks up on a real-life example that they know from experience.

According to their age and ability, ask your child to write or draw their thoughts. We've provided a printable template that you can use if you like. Why not share your child's work with us on social media - we'd love to see them!

We'd love to see photos of the activities in action! Why not share your pictures at:

