

Horn's Mill PE Curriculum

End Points: Identified points of assessment are shown below. These will be discussed with the children at the end of each PE unit. Children will be encouraged to evaluate their performance and achievement after each unit. Children will be expected to use the Key Vocabulary identified in our curriculum during these discussions. In Year 2-6 children will record this information in their 'Reflections and Achievements' books.

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Gymnastics	Children will be able to move their bodies across the floor and simple apparatus, using the language of 'high', 'low', 'over' and 'under'.	Children will be able to move their bodies using wide, narrow and curled shapes and movements. They will be able to link two movements together on the floor.	Children will link two movements together on apparatus. Children will begin to create and perform simple sequences using balance, rolling and jumping.	Children will apply learning of sequence formation and completion using symmetry and asymmetry on apparatus.	Children will form and complete sequences including bridges on apparatus.	Children will create simple sequences using counter balance and counter tension on apparatus.	Children will develop sequences including matching and mirroring on apparatus.
Dance	Children will be able to copy a simple dance sequence, taking inspiration from characters.	Children will dance in response to a rhythm. They will create simple movement sequences with a partner.	Children will apply choreography to a motif, which will use expression and emotion.	Children will develop a sequence with a partner in character which demonstrates a response to stimuli.			
Team Building	Children will be able to take turns in games, and engage in simple scoring. They will understand that rules are important in team games.	Children will understand the importance of cooperation and communication in team games. They will be able to work as a team and understand the value of teamwork.	Children will identify simple strategies in team games. They will begin to identify solutions to problems during games.	Children will begin to develop leadership skills and communicate/collaborate effectively as a team. They will create and apply simple tactics in a team game with regards to defending and attacking.	Children will demonstrate motivating each other when working in a team, and understand why this is important. They will understand that communication and collaboration are key to succeeding in team games.	Children will be able to use a map with a key to navigate between points successfully. Children will be able to orientate a map and locate points on the map in a set order.	Children will know what makes an effective leader, and will demonstrate effective communication as a leader. They will understand the STEP principle: Space, Task, Equipment, People.

Ball skills - hands	Children will be able to confidently push and roll a ball.	Children will send and receive a rolling ball with increased accuracy. They will demonstrate the need to adjust speed when sending a ball varying distances.	Children's ability to send and receive will have increased accuracy. They will be able to keep possession of a ball, and pass and receive to score a point.				
Dodgeball			Children will understand the meaning of defending and attacking, and be able to create and apply tactics for these in a game of dodgeball.				
Ball skills – feet	Children will be able to dribble a ball with their feet, beginning to control the movement of the ball.	Children will increase their control of a ball using feet to dribble. They will be able to pass a ball by kicking and begin to use some accuracy to score a point.					
Athletics			Children will be able to demonstrate jumping combinations and apply jumping in a game.	Children will be able to accelerate to run with speed. They will be able to run as a relay in a team.			Children will demonstrate running for speed and running for distance competitively.

Tag Rugby				Children will be able to move with a ball, pass and received. They will be able to create space when attacking and pass while moving.	Children will apply their learning in 3v3 mini games. They will combine passing and moving to create an attack and score. They will understand the importance of making space to create attaching opportunities.	Children will have refined their passing and moving skills. They will be able to use different passes which can be used to outwit defenders. They will be able to use defending tactics, and will begin to develop knowledge of officiating.	
Cricket				Children will be able to throw overarm and underarm with some accuracy. Children will be able to catch a ball by moving into the correct position. They will be able to strike with intent.	Children will be able to strike a ball at different angles and speeds. They will have an understanding of batting and fielding, and be able to stop and return a ball.	Children will have refined their skills of batting, bowling and fielding. They will be able to create and apply tactics in a cricket game. They will understand and demonstrate umpiring and scoring in cricket.	Children will create, understand and apply attaching and defensive tactics in a cricket game.
Locomotion	Children will be able to walk steadily, following a pathway.						
Health and Wellbeing	Children will be introduced to balance and coordination though bouncing, and will be able to demonstrate this by						

	bouncing, rolling and throwing a ball.						
Swimming					Children will take part in swimming lessons and build their water confidence.	Children will develop their swimming and be able to swim a distance of 25m.	Children will be able to swim a distance of at least 25m using a range of strokes effectively (eg. front crawl, backstroke and breaststroke). They will be able to perform safe self-rescue.